REMINDER - No School Monday February 17th - FAMILY DAY



PRINCIPAL'S CORNER ...

...Family and culture are extremely valuable parts of all of us. We will take a pause on school this Monday, February 17th to acknowledge the importance of family as we celebrate Family Day here in Alberta. There are many great activities both inside and outside to enjoy.

Check out the Baytex on Monday for a fun filled day of free family activities. You can find details <u>here</u>. Alberta also encourages outdoor activities and this weekend is a free fishing weekend, no fishing license required. Details to be found <u>here</u>.

For our region Family Day weekend brings another celebration to the Peace Country, as we celebrate our Francophone community, neighbours and friends. During this weekend the community of St. Isidore will host their annual winter carnival and will celebrate all things French: activities, music, language, and food. Be sure to check out their website or head out to the community center on Saturday or Sunday to check out the event. You can find details and entry fees <u>here</u>.

Have a great long weekend everyoneProfitez de votre temps ensemble!



FAMILIES MATTER WEEK

We will be celebrating *Families Matter* all next week – Feb 18th-21st. <u>Thursday</u> - Come and enjoy lunch with your kid/s at school (bring your own lunch or purchase a grilled cheese sandwich and tomato soup for \$6) Grade 7/8 Lunch - 11:50am-12:10pm Grade 5/6 Lunch - 12:10pm-12:35pm <u>Friday</u> - We are hosting our Dodgeball Challenge - students vs parents. Grade 7 & 8 from 12:10pm-12:30pm; Grade 5 & 6 from 12:35pm-1:00pm – bring your running shoes!



LOST AND FOUND

If your child has come home recently stating they've lost their glasses, jewelry, keys or a piece of clothing, please make sure to ask them if they've checked the lost and found at school.

ABSENT STUDENTS



We are excited to announce that TA Norris Middle School has implemented an automated voicemail system to notify parents of their child's absence. These messages will be generated on a daily basis at 9:35am. To ensure smooth communication, please notify the school by email westonan@prsd.ab.ca or phone 780-624-3144 if your child will be absent or late on any given day. As with any new system, there may be minor glitches during the initial phase, and we kindly ask for your patience as we work through them.



HOT LUNCH PROGRAM

Remember you can purchase a \$60 Lunch card (\$6 per meal for 10 lunches) through your SchoolCash Account so your child doesn't run out. Lunch cards will be recorded /tracked in a google document here at the school which will alleviate any lost cards. Students will also be told when they have two lunches remaining

on their card; they will need to let you know so you can purchase an additional Lunch Card. The following will be the new menu starting in the New Year:

> MONDAY - Kita North (Chicken Balls) & Fried Rice (baked in house) TUESDAY - Sausage & Perogies WEDNESDAY - Mac & Cheese with Garlic Toast THURSDAY - Grilled Cheese & Tomato Soup (fundraiser) FRIDAY - Free Lunch (Hamburgers & Veggies)



SCHOOL CASH ACCOUNTS:

All Fees such as Hot Lunch Cards, Hockey Academy, Dance/Gymnastics Academy, Sports Team fees, Yearbook, damaged or lost school textbooks, will appear on your child's account.

Please take the time to set up your SchoolCash account and make any fee payments as soon as possible. You will find the easy sign-up on the Peace River School Division's website, the waffle buttons on the upper right-hand corner and selecting

School Cash Online Payments.



DRESS FOR THE COLD WEATHER:

The cold weather has officially arrived and with that we want to remind our students and their parents to ensure all students are dressed appropriately for the weather. This might mean wearing layers to accommodate for cooler morning temperatures and warmer afternoon temps.

For our students who ride a bus it is <u>necessary</u> that all students wear proper winter gear, which includes a warm winter jacket, closed-toe shoes, and gloves, at a minimum. This is not only a matter of comfort but also safety. In the event of an emergency, or another unexpected situation, we want to make sure our students are protected from the cold. Thank you for your cooperation in this important matter!

HOCKEY & DANCE/GYMNASTICS ACADEMY

If your child is enrolled in either Hockey or Dance/Gymnastics academy, we kindly ask you to review the following information. If you plan to send your child directly to school instead of their designated academy location, please notify us in advance. There have been multiple instances where children are expected at the academy but are not present, leading to absences being recorded and unnecessary concern of their whereabouts. Your cooperation in keeping us informed will help us ensure your child's safety and attendance accuracy. Thank you for your understanding.







ADHD PARENTING GROUP

Join us for discussion, support and peer mentoring through the joys & challenges of caring for a child with ADHD. No one needs to feel alone in parenting!

UPCOMING MEETINGS

Jan. 23rd
Feb. 20th
Mar. 20th





7 pm @ the Peace Region FRN HUB

REACH OUT FOR MORE INFO

Family Resource Network





780.624.0770

FRN HUB



August 5-8, 2025 @ Peace River High School **Three different age groups for students going INTO those grades in the fall of 2025.

Hosted by: Lee Carter

Coaching Experience: 40+ years NCCP: Level III Certified (Performance Coach) Former Head Coach of the Brandon Bobcat women's volleyball team of 20 years. He has also coached College volleyball at Grande Prairie Regional College. Lee works with club teams, provincial teams and the Team Canada programs.

<u>Guest Coach:</u> Sylvain Loiseau

Coaching Experience: 40 years NCCP: Level III Certified (Performance Coach)

Sylvain has worked on many levels in volleyball in Quebec, in Canada and overseas. As a coach, he has worked at many levels, including at the college (CCAA) level (Volontaires du collège de Sherbrooke) and in CIS (Vert et Or de l'université de Sherbrooke). He worked with many provincial teams (NCCP, Canada Games) either as an assistant coach or head coach. He worked as a professional coach in France (Gruissan). He was also involved as a course conductor for Volleyball Quebec, Volleyball Canada and the NCCP. As been a teacher at the Faculty of Physical Activity Sciences of the Sherbrooke University for 25 years (now retired).

The camp will have 2-3 current college players helping to support each age group. There is a QR code on the attached document and for more information, you can contact Lee Carter: catsclubvolleyball@gmail.com